



## What is EAP?

- Short-term confidential counseling, information and resources



## Who is Covered?

- Services are free for all employees and household members

Legal Stress Family  
 Childcare Alcohol  
 Relationships  
 Workplace conflict  
 Elderly parents  
 Depression Parenting  
 Finances Anxiety



## Reaching us



When you call, your call is routed to the office nearest you. If your local counselor is busy, you will reach his or her voice mail. You always have the option to speak with a live counselor by following the prompts. If your call is not urgent, and your local counselor is unavailable, you may leave a message and he or she will return your call.

When leaving a message, please help us to connect with you by providing us the following:

1. Phone numbers and good times to reach you.
2. If it's OK to leave you a message telling you that "EAP" returned your call.

We welcome your call any time. Call us at  
**1-800-287-2173**

### Customer Service

Should you need additional assistance call 1-866-660-9533 and ask for an Account Manager to contact you.



- Short-term counseling
- Resource/referral info
- Employees & family members
- Confidential & free



Call 1-800-287-2173

[www.investeap.org](http://www.investeap.org)

Password: vsbit

MEMBER CARD



- Legal
- Stress
- Financial
- Family
- Depression
- Childcare
- Relationships
- Alcohol
- Work
- Anxiety



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